



PSHEE CURRICULUM OVERVIEW

CYCLE A EYFS	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Me and my home ALL ABOUT ME	Colours and Celebrations FRIENDSHIP AND BULLING	Bears HEALTHY ME	Planting and Growing GROWING AND CHANGING	Seaside holidays LOOKING AFTER OTHERS	Seaside animals MONEY AND SAFETY
PERSONAL, SOCIAL AND EMOTIONAL DEVELOPMENT	<p><i>Children's personal, social and emotional development (PSED) is crucial for children to lead healthy and happy lives, and is fundamental to their cognitive development. Underpinning their personal development are the important attachments that shape their social world. Strong, warm and supportive 9 relationships with adults enable children to learn how to understand their own feelings and those of others. Children should be supported to manage emotions, develop a positive sense of self, set themselves simple goals, have confidence in their own abilities, to persist and wait for what they want and direct attention as necessary. Through adult modelling and guidance, they will learn how to look after their bodies, including healthy eating, and manage personal needs independently. Through supported interaction with other children, they learn how to make good friendships, co-operate and resolve conflicts peaceably. These attributes will provide a secure platform from which children can achieve at school and in later life.</i></p>					
Overview	<p>Children will be supported in learning all about themselves through learning linked with their interests, their families, including similarities and differences, traditions and customs, looking at similarities and differences between people, special people, who can help us at school, what makes us unhappy or feel unsafe and what can we do, how to be a good friend, and knowing some of the ways we can stay healthy focusing on exercise and movement.</p>	<p>Children will be supported in understanding friendship and bullying through learning linked with sharing likes and dislikes, listening to others, showing respect, talking about themselves positively, knowing some of the ways we can take care of our environment, talking about similarities and differences, understanding different feelings, safe and unsafe touches, and how to show kindness and care to others.</p>	<p>Children will be supported in understanding how to be healthy through learning linked with why we need sleep, understanding what food and drink is for and knowing some of the food groups, being aware of the five ways to wellbeing, knowing what is safe to go on or in their bodies and what may not be safe, talking about the reason for medicines and how we stay safe around medicines.</p>	<p>Children will be supported in understanding how we grow and change through learning linked with animals and humans changing through their life times looking at life cycles, talk about how they have changed and grown from when they were a baby, know that a baby is made by a man and a woman and that babies grow inside a mother's tummy, know that each family is different, name parts of the body and know which parts of the body should be kept private, know what to do if they feel unsafe, and talk about change through the seasons.</p>	<p>Children will be supported in understanding how we look after others through learning linked with how to help people who may be feeling sad, understanding what resilience is and talking about having a growth mindset, set achievable goals and celebrate successes, know ways to stay safe inside and outside, talk about how we help our friends and the community, and know who their special people are and that everybody is different.</p>	<p>Children will be supported in understanding money and safety through learning linked with recognising money and knowing what we can do with money, know how to keep money safe and the importance of saving money, know about people who can keep us safe in all areas of life, including out and about and within our community, understand the similarities and differences between their own and others homes and what makes their home special.</p>



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CYCLE A KS1	Autumn 1 Contrasting Locality SETTLING IN	Autumn 2 Great Fire of London FRIENDSHIP AND BULLING	Spring 1 Bears MY BODY (1)	Spring 2 Richard Owen and Mary Anning MY BODY (2)	Summer 1 Seaside FEELINGS	Summer 2 Morecambe Bay And Mombasa MONEY AND SAFETY
Overview	Children will be supported in settling into their new school year through learning linked with rules, active listening, identifying special people, similarities and differences between us and our families, people who helps us, and our community.	Children will be supported in understanding friendship and bullying through learning linked with knowing what makes a good friend, how to solve friendship problems, how to give and receive positive feedback, what unkindness is, knowing what teasing and bullying is, the difference between bullying and being unkind, the PANTS rule, what are safe and unsafe secrets, and who can help us.	Children will be supported in understanding their body through learning linked with knowing what our bodies need to stay healthy, important hygiene routines, our internal organs, diseases and medicines.	Children will be supported in understanding their body through learning linked with knowing how we change as we grow up, comparing what we could do as babies to what we can do now, learning about how to care for a baby, more internal organs, keeping our privates private and having a positive attitude.	Children will be supported in understanding their feelings through learning linked with beginning to recognise body language and facial expressions associated with feelings, identifying some behaviours caused by certain feelings, understanding that we can hurt peoples feelings, look at feelings we might feel if we lose something or someone, basic first aid skills, and looking at whether things are fair or unfair.	Children will be supported in understanding money and safety through learning linked with knowing where we get money from, what can we spend money on, saving money, being responsible, talking about situations that are safe or unsafe and who can help us, talking about surprises and secrets, and discussing when we might have to say 'yes', 'no', 'I'll ask' or 'I'll tell'.



PSHEE CURRICULUM OVERVIEW

CYCLE A LKS2	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Twin Towns SETTLING IN	Uk Rivers & Water FRIENDSHIP AND BULLYING	Stone Age – Iron Age BE HEALTHY	Climate Zones and Change THE ENVIRONMENT	Walk like an Egyptian CHANGES AND COMMITMENT	Victorious Victorians SAFETY AND RESPONSIBILITY
Overview	Children will be supported in settling into their new school year through learning linked with rules, democracy, teamwork, our talents, our special people, community, respect and diversity.	Children will be supported in knowing about friendship and bullying through learning linked with types of relationships, differences between people, what bullying is, resolving conflict, secrets that are safe and unsafe, dares and peer pressure.	Children will be supported in knowing how to be healthy through learning linked with healthy eating, internal body parts and their jobs, drugs, medicines and illness, cigarettes and alcohol.	Children will be supported in knowing about the environment through learning linked with knowing how we can look after the environment, recycling, environmental organisations, and volunteering.	Children will be supported in knowing about changes and commitment through learning linked with knowing about how to look after babies, periods, how to administer basic first aid, changes in our bodies, commitment, inc. Marriage, emotions and how to recognise them, and looking at feelings around loss	Children will be supported in knowing how to stay safe and be responsible through learning linked with understanding what situations are safe and unsafe, managing risk when out and about, talking about money, exploring our dream jobs, understanding what rights and responsibilities they and others have.



PSHEE CURRICULUM OVERVIEW

CYCLE A UKS2	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Energy SETTLING IN	Sustainability FRIENDSHIP AND BULLYING	WWII Abroad MONEY AND COMMITMENT	WWII Home CHANGE AND DIFFERENCE	North America HEALTHY BODY AND MIND	Mayans THE HUMAN BODY
Overview	Children will be supported in settling into their new school year through learning linked with collaboration, showing respect, acceptable and unacceptable physical contact, emotions, resilience, safe and unsafe secrets, aspirations, and goal setting.	Children will be supported in knowing about friendship and bullying through learning linked with identifying friendship qualities, understanding what healthy and unhealthy relationships look like, knowing what bullying is, how to spot it and what to do, and learning about sustainability.	Children will be supported in knowing about money and commitment through learning linked with money, jobs, volunteering, community, staying safe, commitment, inc. Marriage, trust, physical contact, bullying and discrimination.	Children will be supported in understanding change and difference through learning linked with tolerance, respect, understanding prejudice, exploring changes we go through, talking about the feelings associated with separation, knowing the difference between fact and opinion, knowing how to manage risk, and to learn about pacifism and the concept of peace.	Children will be supported in understanding how to keep a healthy body and mind through learning linked with drugs, habits, and addictions, knowing how to administer basic first aid, exploring our reactions to different situations, knowing about internal organs, and completing the 5 ways to wellbeing project.	Children will be supported in knowing about the human body through learning linked with knowing names for the body parts and understanding their job, understanding how to keep a healthy body, knowing about the changes gone through during puberty, inc. periods, understanding the effects of smoking on our bodies, and knowing about responsibility.